



SPECIALIST TRAINING PROGRAMS



The Psychological Impact of Working with AI

Online Seminar

Research is beginning to emerge which shows the impact of regular interaction with AI at work. This seminar provides a brief introduction to the unique challenges of working daily with AI, historical human responses to technology (replacement fear), some understanding of how AI thinks (works) and how humans can mitigate some of the potential psychological 'bleed' and prepare for cultural integration with AI.

Developed by Atrium's HR experts and university lecturers and delivered by our certified Diversity, Equity and Inclusion trainers.

FORMAT: Online Seminar

DURATION: 1 Hour

PARTICIPANTS: Up to 100 Participants

GOOD FOR:

This seminar is appropriate for anyone who is interacting with AI on a daily basis, but especially for those who spend more of their working day in contact with AI than interacting with people.

RESULTS:

- Working with AI: Psychological Impacts
- Understanding how AI thinks
- Coping and Mitigation Strategies
- Cultural Impact and Facilitation
- Ethical Considerations and Moral Dilemmas

CONTENT:

- Supporting Mental Wellness in the Face of AI
- Boosting Team Morale and Productivity with AI
- Fostering Trust and Support for AI Anxiety
- Tools for Maintaining Mental Wellness in AI
- Team Dynamics in an AI-Driven Environment

